

Asset of the Month Project
La Plata Children, Youth and Family Master Plan (CYFMP) Community Partners

CYFMP will send out an asset each month with an essential question, tip of the day and resource to community partners, starting with asset #1 and going through the list to #40, to insert in their org's newsletters. This top section in black is an introduction with the monthly piece being in blue below.

"The Developmental Assets are 40 research-based, positive qualities that influence young people's development, helping them become caring, responsible, and productive adults. Based in youth development, resiliency, and prevention research, the Developmental Assets framework has proven to be effective and has become the most widely used approach to positive youth development in the United States and, increasingly, around the world." (<http://www.search-institute.org/>)

The Children, Youth and Family Master Plan (CYFMP) utilizes the Developmental Assets Survey as a periodic measure for how well our agencies and families are providing asset-rich supports, services and opportunities for La Plata County youth. The CYFMP also teaches our community about the assets and how to utilize them in program development, parenting and in our daily lives.

Please join our community partners in promoting the Assets framework, by placing the following "Asset of the Month" in your newsletters, communications and interactions with youth and families. For a full list of the 40 Assets go to: <http://www.search-institute.org/what-we-study/developmental-assets>

Developmental Asset of the Month:

Asset #2. Positive Family Communication – Young person and her or his parent(s) communicate positively, and young person is willing to seek advice and counsel from parents.

Essential Question: *How do you foster positive family conversations even in times of disagreement?*

Tip of the Day: "When youth talk, really listen. Try to hear what they're saying without judgment or criticism. Listen for the piece you both have in common and work from there." (*When Parents Ask for Help*. Search Institute)

Resource: The La Plata Family Centers Coalition offers ongoing parenting classes. www.lpfcc.org.
For more information about the CYFMP, contact Susan Hakanson, 382-6212 or susan.hakanson@co.laplata.co.us.