

Asset of the Month Project
La Plata Children, Youth and Family Master Plan (CYFMP) Community Partners

CYFMP will send out an asset each month with an essential question and tips to community partners to insert in their organization's newsletters. This top section in black is an introduction with the monthly piece being in blue below.

"The Developmental Assets are 40 research-based, positive qualities that influence young people's development, helping them become caring, responsible, and productive adults. Based in youth development, resiliency, and prevention research, the Developmental Assets framework has proven to be effective and has become the most widely used approach to positive youth development in the United States and, increasingly, around the world." (<http://www.search-institute.org/>)

The Children, Youth and Family Master Plan (CYFMP) utilizes the Developmental Assets Survey as a periodic measure for how well our agencies and families are providing asset-rich supports, services and opportunities for La Plata County youth. The CYFMP also teaches our community about the assets and how to utilize them in program development, parenting and in our daily lives.

Please join our community partners in promoting the Assets framework, by placing the following "Asset of the Month" in your newsletters, communications and interactions with youth and families. For a full list of the 40 Assets go to: <http://www.search-institute.org/what-we-study/developmental-assets>

Developmental Asset of the Month

Asset #11. [Family Boundaries – Family has clear rules and consequences and monitors the young person's whereabouts.](#)

Essential Question: Have I had a conversation with my children at different ages to talk about family rules appropriate to their current developmental stage?

Tips to ensure healthy family boundaries:

- Always ask where your child is going, with whom and when they will return home.
- Keep computers in the common area of the household, not in rooms where kids can spend hours of unsupervised time online.
- Learn to be flexible when setting boundaries and take the long view.

Source: Search Institute <http://www.search-institute.org/content/40-developmental-assets-adolescents-ages-12-18#>

For more information about the CYFMP, contact Susan Hakanson, 382-6212 or susan.hakanson@co.laplata.co.us.