# Financial Assistance

#### CHP+

800-359-1991 | www.chpplus.org

CHP+ (Child Health Plan Plus) is low-cost health insurance for Colorado's uninsured children and pregnant women. CHP+ is intended for those who earn too much to qualify for Medicaid but cannot afford private health insurance. Eligibility form available at the website.

# La Plata County Department of Human Services

970-382-6150 | Tech Center Plaza, 10 Burnett Court, First Floor, Durango www.co.laplata.co.us

Supplement to SSI, Home Care Allowance, Medicare Savings, Food Assistance, Long Term Care.

#### La Plata CARES Card

970-946-5261 | www.chaclaplata.org/CARES.asp CARES (Community Access and Referral Enrollment System) program providing discounted medical, dental, vision and mental health services based on income and family size for people who have no insurance. Register at The Family Center, La Plata County Human Services, San Juan Basin Health Department or Mercy Regional Medical Center (Mercy patients only).

#### Medicaid

970-382-6150 or 800-221-3943 | www.medicaid.gov Medicaid is health insurance for those requiring financial assistance. Eligibility determined upon need based criteria.

#### **Medicare**

800-633-4227 | www.medicare.gov Medicare is a federally funded health insurance for people age 65 and older and younger adults with certain disabilities.

#### **Social Security**

888-472-6115 | www.socialsecurity.gov 103 Sheppard Avenue, #120, Durango 81303 Social Security provides a retirement benefit to Americans age 62 and older. Those with disabilities may also qualify for Social Security income. **SWConnect.org** — Visit the SWConnect website to find information for most communities in Southwest Colorado. There are several downloadable resource guides available.

This Quick Guide is published by the Citizens Health Advisory Council.
Launched in 2001, CHAC is made up of citizens and organizations that advocate for **Better Health For All** through:

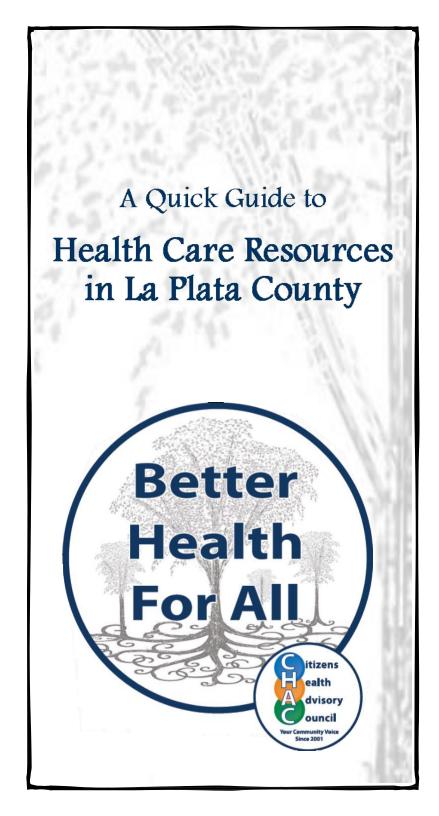
# Coordination • Affordability • Accessibility

CHAC has successfully collaborated with several groups to create and enhance health related programs offered in La Plata County.

# www.chaclaplata.org



Updated September 2014
To submit corrections or provide additional information, please visit www.chaclaplata.org



# Health Care Services In La Plata County

#### **Axis Health System**

www.axishealthsystem.org

CRISIS HOTLINE 970-247-5245

#### **Behavioral Health at Crossroads**

970-403-0180 - 1125 Three Springs Blvd., Durango CO 81301 Walk-in Assessments, Crisis Services, Acute Inpatient Treatment, Detox Services

#### **Behavioral Health at Columbine**

970-259-2162 - 281 Sawyer Dr. #100, Durango CO 81303 Individual and Group Therapies, Psychiatric Evaluation and Medication Services, Substance Use Treatment, Vocational Services, Mental Health First Aid

#### **Integrated Care at La Plata Integrated Healthcare**

See Medical Hospitals and Clinics Section

#### **School Based Health Centers**

**Durango High School** 

970-259-1630 ext. 2107 – 2390 Main Ave., Durango CO 81301

Florida Mesa Elementary

970-385-1168 - 216 Hwy 172, Durango CO 81301

Well child Exams, Integrated Primary and Behavioral Health Care, Sports Physicals, Care for Acute Illness, Family Planning, Immunizations, Health Education, Youth Mental Health First Aid

# **San Juan Basin Health Department**

970-247-5702 | www.sjbhd.org | free to low-cost services 281 Sawyer Drive, Durango CO 81303

- Birth and Death Certificates
- Child, Adult, and International Travel Immunizations
- Dental Services
- Food Assistance & Nutrition Education for Women, Infants and Children (WIC)
- Care Coordination assistance for those with chronic conditions or barriers accessing health care
- Nurse-Family Partnership for first time moms and families
- Options for Long-Term Care assistance for individuals to remain independent in their own homes
- Sexual Health confidential services include birth control, STI testing, exams & cancer screenings

# Mercy Home Health, Palliative Care and Hospice

970-382-2000 | www.mercyhealthathome.org

1 Mercado St, Durango CO 81301

Intermittent home care for all ages. Home Health provides post hospitalization aftercare (wound care, infusion, medical education, rehabilitation). Palliative Care provides services to people with life limiting illnesses. Hospice provides end of life care. Numerous additional home health and home support agencies can be accessed in the yellow pages, under "Home Health Services".

#### **Senior Services**

- Adult Protective Services 970-382-6150.
- Alzheimer's Association 970-259-0122 Eldercare Locator — 800-677-1116
- Cottonwood Inn Rehabilitation and Extended Care Center — 970-828-1414
- Four Corners Health Care Center and Junction Creek Rehabilitation 970-247-2215
- La Plata County Senior Services 970-382-6442 2424
   Main Ave, Durango CO 81301
  - ◆ Durango-La Plata Senior Center 970-382-6445 2424 Main Ave, Durango, CO 81301
  - ◆ Pine River Senior Center —970-884-5415 or 9544 x106 111 S West St, Bayfield CO 81122
  - SUCAP Senior Center 15345 Hwy 172, Ignacio, CO 81137 970-563-4561

Nutritional meals, Home Chore Services, Transportation, Family Caregiver Support, Medicare Counseling and Income Tax Assistance

- San Juan Basin Agency on Aging 970-264-0501
- Veteran's Services 970-759-0117

#### **Residential Services**

- Four Corners Health Care Center 970-247-2215
- Sunshine Gardens Assisted Living 970-385-4090
- Our Place Adult Day Care 970-385-5200
- Evenings Porch Bayfield 884-0101

#### **Substance Abuse Services**

- Alcoholics Anonymous 970-247-1706
- New Day Treatment Center 970-259-2162
- SUCAP Peaceful Spirit 970-563-4555
- Axis See previous section for information.

# Medical Hospitals & Clinics

# **Animas Surgical Hospital**

970-247-3537 | www.animassurgical.com 575 Rivergate Lane, Durango CO 81301

#### **Durango Urgent Care**

970-247-8382 | www.durangourgentcare.com 2577 Main Ave, Durango CO 81301

# **Integrated Care at La Plata Integrated Healthcare**

970-335-2288 | 1970 E. 3<sup>rd</sup> Ave., Lower Level, Durango CO 81301

Primary Medical, Behavioral Health, Preventive Care, Chronic Disease Management, Wellness Programs, and Care for Acute illness

# **Mercy Regional Medical Center**

970-247-4311 | www.mercydurango.org 1010 Three Springs Blvd., Durango CO 81301

# **Durango VA Community Based Outpatient Clinic**

970-247-2214 | 1970 E. 3rd Avenue #102, Durango Family practice health services for qualifying Veterans.

#### **Pediatric Partners of the Southwest**

970-375-0100 | www.ppswdurango.com 810 E. Third St. #301, Horse Gulch Health Campus Pediatric and Young Adult Medical Home from birth to twenty-five, Acute Medical Care for Minor Illnesses, Asthma & Diabetes Medical Homes, Chronic Care Management, Behavioral Health Services, Immunizations, and more

### **Pediatric Associates of Durango**

1199 Main Ave. #205 | 970-259-7337

# Southern Ute Indian Tribe

#### **Southern Ute Health Center**

970 563 4581 | www. sout her nut e-nsn.g ov/ tr ibal-healt h 123 Weminuche Ave., Ignacio CO, 81137 Behavioral Health, Clinical, Dental, Nursing and Pharmacy Services. Serves eligible Native Americans.