

La Plata County Food Resource Guide

Food Assistantship Programs

Free and Reduced School Lunch Program



<http://www.fns.usda.gov/nslp/national-school-lunch-program-nslp>

Children from qualifying households can receive free or reduced cost for school lunches. Application guidelines vary between school districts. You must file a new application each August using the current year's form. Families can reapply if status changes during the year.

- **Free:** Children from families with incomes at or below 130 percent of the poverty level
- **Reduced:** Children from families with incomes between 130 percent and 185 percent of the poverty level; reduced-price meals and are charged no more than 40 cents.

Durango 9R

East 12th Street, Durango, CO 81301

(970) 247-5411

www.durangoschools.org

Applications are found at:

www.durangoschools.org/apps/pages/index.jsp?uREC_ID=511926&type=d&pREC_ID=1033524

Durango Backpack Program

In order to provide nutritious meals to children 7 days a week, children who qualify for free and reduced lunch can also receive a backpack filled with food to take home each weekend. This program is provided in partnership through Durango 9R and the Manna Soup Kitchen. Speak with school administration to learn more.

Ignacio 11JT

455 Becker St., Ignacio, CO 81137

(970) 563-0500

<http://www.ignacioschools.org/>

Applications are sent out to all families before the start of the school year. One application is completed per family, and turned into the school secretary. If you would like to reapply contact Kim Cotta (970) 563-0653. There is no current online application.

Bayfield 10 Jt-R

24 Clover Dr., Bayfield, CO 81122

(970) 884-2496

<http://www.bayfield.k12.co.us/>

Applications found at:

<http://d3jc3ahdjad7x7.cloudfront.net/CCegUfgDQ4r8UCRG6YrP8fdoMWrV7j89zkj0tujoCF8h5de4.pdf>

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Live Well Colorado's Double Up Food Bucks

<https://livewellcolorado.org/healthy-communities/double-up-colorado/DoubleUp@livewellcolorado.org>

Double Up Food Bucks Colorado (Double Up Colorado) is collaborative program administered by Live Well Colorado. It increases access to Colorado-grown fruits and vegetables. When SNAP recipients shop at participating farmers markets, they can now have their purchase matched with a voucher worth up to a \$20 per visit to put toward Colorado-grown fruits and vegetables.

Double Up Food Bucks can be applied at the Durango Farmers Market, which is held in the parking lot of First National Bank from 8AM-12PM on Saturdays (mid-May to the end of Oct)



Supplemental Nutrition Assistance Programs (SNAP)

<http://www.fns.usda.gov/snap/supplemental-nutrition-assistance-program-snap>
http://www.co.laplata.co.us/government/human_services

970-382-6150

SNAP offers nutrition assistance to millions of eligible, low-income individuals and families. SNAP benefits are dispersed on EBT cards, which are used in a similar manner to a debit card. Benefits can be used to purchase eligible foods (such as dairy, bread, produce, and meat) at authorized retailers. Author

Apply at <https://coloradopeak.secure.force.com/> or through the Department of Human Services La Plata County. Allow up to 30 days for processing, application and interview.



Women, Infants, and Children (WIC)

281 Sawyer Dr., Durango, Colorado 81303

502 S 8th St., Pagosa Springs, CO 81147

279 Capote Dr. Ignacio, CO 81137

Durango and Ignacio: (970) 335-2026

Pagosa: (970) 264-2409

<https://www.colorado.gov/cdphe/wic-families>

<http://sjbhd.org/wic>

Women, Infants, and Children (WIC) provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and for infants and children (to age 5). Information about eligibility can be found at <https://www.colorado.gov/cdphe/wic-eligibility>.

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Food Banks and Meal Distributions



Durango Food Bank

PO Box 156, Durango, Colorado 81303
194-C Bodo Drive, Durango, Colorado 81303
(970) 375-2672
durangofoodbank@durango.net

The Durango Food Bank distributes food upon referral from over 30 local agencies that are responsible for screening recipients for need and residency. Referring agencies include La Plata County Department of Human Services, Durango Community Shelter, San Juan Basin Health and most area churches. Clients can receive food once in a 30-day time period. Picture ID and proof of residency in La Plata County must be provided.



La Plata Family Centers Coalition

129 E. 32nd St., Durango, CO 81301
Durango: (970) 385-4747
Bayfield: (970) 884-4747
Pagosa: (970) 507-1550
<http://www.lpfcc.org/>

La Plata Family Centers Coalition works to provide access to health care and support resources. The Durango center has a small food pantry for families that are not eligible to go to food bank.



Manna Soup Kitchen

1100 Avenida Del Sol, Durango, CO 81301
(970) 385-5095
<http://mannasoupkitchen.org/>
admin.mannasoupkitchen@gmail.com

Manna Soup Kitchen provides nourishing meals to everyone who walks through our doors, no questions are asked. In addition to meals, Manna supplies emergency food boxes and food from their garden. Participants may be eligible to receive \$10 City Market cards once a month. They also provide food bank referrals.

Meal Service:

- Monday, Tuesday, Thursday, Friday: 7-10 AM; 11:30 AM- 12:30 PM
- Wednesday: 7-10 AM; 5-6PM.
- Saturday and Sunday: 9:30 – 10:30AM

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Meals on Wheel

Durango: (970) 382-6435

Bayfield: (970) 884-5415

Ignacio, Allison & Arboles: (970) 563-4561

<http://www.mealsonwheelsamerica.org/>

<http://co.laplata.co.us/cms/One.aspx?portalId=1323753&pageId=1634641>

The Meals on Wheels Program helps sustain dozens of home-bound seniors and their caregivers within the communities. Hot meals are delivered to the homes of seniors within the delivery zone Monday through Friday. Frozen meals are also available for the weekends or to those people outside of the delivery boundaries.

To be eligible, recipients must be 60+ and home-bound requiring assistance with at least 2 activities of daily living. If requested, caregivers are also provided Meals on Wheels. The suggested donation is \$4.00 for seniors and their caregivers.



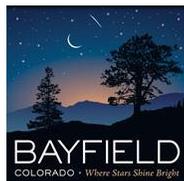
Senior Services- Nutritional Lunch Program

<http://co.laplata.co.us/cms/One.aspx?portalId=1323753&pageId=1633776>

<http://sucap.org/senior-center/>

La Plata County Senior Services provides wholesome, nutritionally balanced meals a year to seniors in Durango, Bayfield, and Ignacio and Allison/Arboles area.

Reservations are necessary by 9:30 AM the day you wish to attend. The salad bar is available at 11:00 AM and lunch is served promptly at noon. The suggested donation is \$4.00 for seniors 60 + and a \$7.00 fee for those under 60.



- **La Plata Senior Center-** Durango
2424 Main Avenue
(970) 382-6445
Meals offered Monday through Friday
- **Ignacio Senior Center**
15345 Hwy 172
(970) 563-4561
Meals offered Tuesday through Thursday
- **The Pine River Senior Center-** Bayfield
111 Southwest St
(970) 884-5415
Meals offered Wednesday- and Friday
- **Tara Community Center-** Allison/Arboles
333 Milton Lane
(970) 563-4561
Meals offered 1st and 3rd Thursday of the month.

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Pine River Shares



357 N Mountain View Dr. Suite 104, Bayfield, Colorado 81122
(970) 884-4747
<http://www.lpfcc.org/>
pinerivershares@gmail.com

Pine River Shares brings together the knowledge skills and resources of the people in the Pine River Valley for healthy thriving community. They offer many food support resources, such as:

- Food pantry
- Food bag distribution program
- Bayfield backpack program
- Monthly community food dinners and shares
- Classes
- Garden giveaways

Commodity Foods Distribution

Durango Commodity Food Distribution



(970) 375-2672
durangofoodbank@durango.net
<https://www.nutrition.gov/food-assistance-programs/food-distribution-programs>

La Plata County Fairgrounds- 3rd Monday of each month.

Commodity Foods Distribution is a Program of the USDA. Families at 185 percent or less of the poverty threshold qualify for distribution. Proof of La Plata residency and photo ID required. You must provide your own bag or boxes. More information available through the Durango Food Bank.

Southern Ute Food Distribution Program



740 Goddard Ave, Ignacio, CO 81137
(970) 563-0285
<https://www.southernute-nsn.gov/tribal-services/food-distribution/>



The Food Distribution Program provides 1-month worth of commodity foods to low-income household members living on and near the Southern Ute Indian Reservation. Individuals cannot collect from this distribution if already on stamps. Community members can apply at <https://www.southernute-nsn.gov/tribal-services/food-distribution/>

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Gardens and Gleaning



Bear Smart Durango's Fruit Gleaning Program

<http://fruitglean.org>
<http://bearsmartdurango.org>

In an effort to feed community members instead of the local bear population, Bear Smart worked with local organizations launch a Fruit Gleaning Hub. This online Bulletin Board that connects those who have fruit available with residents interested in harvesting the food for their home. This project was developed in partnership with Healthy Community Food Systems, FLC Environmental Center, and Colorado State University (CSU) Extension.



The Garden Project of Southwest Colorado

862 Main Ave, Suite 222, Durango, CO 81301
(970) 259-3123

www.thegardenprojectswcolorado.org
info@thegardenprojectswcolorado.org

The Garden Project's mission is to grow a healthier community through the support and development of school and community garden programs that promote health and wellness, environmental stewardship & a sustainable local food system. The Garden Project supports school & community gardens programs in La Plata County.

- **Manna Soup Kitchen Garden**
1100 Avenida del Sol, Durango
Brooke Frazer, Manna Garden Coordinator
brooke@thegardenprojectswcolorado.org
Manna Market - free produce stand for food insecure families, from June - October
- **Ohana Kuleana Community Garden**
Mia Carrasco-Songer, OKCG Garden Manager
mia@thegardenprojectswcolorado.org
Grow your own food in a plot at the community garden May - October, learn gardening skills and meet new friends! Scholarships available. Gardening & food preservation public workshop series also offered.
- **School Gardens**
Taylor Henzler, School Garden Program Coordinator
taylor@thegardenprojectswcolorado.org
School gardens often need support from community members in the summer, who can take home produce in exchange for helping with the garden.

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Food/Nutrition Programs and Organizations



Cooking Matters- Southwest Colorado

862 Main Ave, Suite 223, Durango, CO 81301
(970) 300-3055
<https://co.cookingmatters.org/>

Share Our Strength's Cooking Matters Colorado empowers low-income families with the skills to stretch their food budgets so their children get healthy meals at home. They offer six-week cooking courses and other community events. Course participants learn money and time saving techniques for the kitchen, and are sent home with food to prepare a meal for a family of four.



Durango Farmers Market

<http://www.durangofarmersmarket.com/>
dfmmanager@durangofarmersmarket.com

The Durango Farmers Market is held in the parking lot of the First National Bank of Durango, at 259 W 9th St. The market happens on Saturdays from 8 AM to 12 PM, second weekend of May through the last weekend of October. (9 to noon in Oct)

- The Durango Farmers Market participates in the SNAP program. For those with an EBT card, just stop by the DFM Info Booth to receive your SNAP coupons good for any grocery items.
- They also participate in the Double Up Food Bucks Program, which are free to the customer. Double Up Bucks can be applied at the market to buy Colorado-grown fruits and vegetables.

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Education and Policy



CSU Extension

2500 Main St., Durango, CO 81301
(970)382-6465

http://www.co.laplata.co.us/government/departments/extension_offices_c_s_u
<http://extension.colostate.edu/>

CSU Extension offers a variety of services, including:

- Classes on nutrition, money management, and food preservation/safety
- Classes and resources for backyard gardeners.
- 4H- a mentorship program, helping youth acquire life skills

Growing Partners of Southwest Colorado

Growing Partners
of Southwest Colorado

(970) 833-1328
www.growingpartners.org
director@growingpartners.org

Growing Partners strives towards a healthy, local food system that reaches all ages, incomes and cultures. Since 2004, Growing Partners has collaborated on food projects to increase community food security for underserved populations in La Plata County.



Healthy Community Food Systems

<http://healthycommunityfoodsystems.org/>

Healthy Community Food Systems helps build healthy sustainable food systems through effective systems planning and development. They assist communities in addressing their food security needs so that everyone has access to healthy, affordable foods. HCFS is involved in multiple community initiatives, including local Farm to School and Farm to Preschool efforts.



Southern Ute Community Action Programs (SUCAP)

285 Lakin, Ignacio, CO 81137
(970) 563-4517
<http://sucap.org/>

SUCAP empowers community members through select programs and services in order to create better communities. The support many community programs and initiatives, including the Ignacio Senior Center and SUCAP Head Start.

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Additional Resources



Durango Community Shelter

1055 Avenida Del Sol, Durango, CO 81301
(970) 259-1255 (to speak with an advocate)
970-259-1021 (general information)

<https://www.voacolorado.org/gethelp-southernco-durangocommunityshelter>

The Durango Community Shelter serves families and individuals experiencing homelessness. They also provide housing to veterans in need through the Office of Veteran Affairs. They provide:

- Provisions of nutritious meals, clothing, shower, laundry, and other basic needs
- 24/7 residential shelter services
- Crisis information and referrals
- Resource referrals
- Employment/housing counseling
- Medical respite bed program



La Plata County Department of Human Services

10 Burnett Ct, Durango, CO 81301
(970) 382-6150

http://www.co.laplata.co.us/government/human_services
<http://coloradopeak.secure.force.com>

The Department of Human Services offers a wide-range of public assistance to children, elderly, disabled and low-income residents. Programs cover a range of services, including:

- Medical, Food, Cash and Child Care Assistance Programs (ex. SNAP, Medicaid)
- Child and Family Services
- Veteran Services, including providing emergency housing through the Durango Community Shelter

Online applications for programs can be found at Colorado PEAK.

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San Juan Basin Health Department

281 Sawyer Dr., Durango, Colorado 81303
(970) 247-5702

502 S 8th St., Pagosa Springs, CO 81147
(970) 264-2409
<http://sjbhd.org/>

San Juan Basin Health is a local public health agency serving all residents of Archuleta and La Plata counties. For over 60 years, San Juan Basin Health has improved the health and environment of the Southwest Colorado community. They offer many programs and services, in areas such as:

- Environmental health
- Immunizations
- Health prevention and wellness
 - WIC
 - Dental
 - Reproductive health



WOMEN'S
RESOURCE
CENTER

Women's Resource Center

679 E 2nd Ave Ste. 6, Durango, Colorado 81303
(970) 247-1242
<http://wrcdurango.org>

The Women's Resource Center provides support for local women, connecting them with resources for food, shelter and other support services.

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