

4-H



HUBS

Colorado
State
University

Extension

La Plata County Extension Office
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LA PLATA COUNTY FAMILY NEWSLETTER

November 2015

HAPPY THANKSGIVING!

Angela & Greg are so Happy and Thankful for all our wonderful members, leaders, volunteers and families.

4-H Club Leaders Meeting

When: Thursday, November 5th at 6:30 p.m.

Where: Extension Building at the La Plata County Fairgrounds

All Club leaders are welcome and encouraged to attend! We will be discussing plans for this next 4-H year, doing some training and brainstorming how to improve our awesome 4-H program. Dinner will be served, so please RSVP to Angela by Nov. 2nd.

2015- 2015 4-H Enrollment is now Open!!

This year all 4-H enrollments MUST be done electronically at <https://co.4honline.com> Any member who was in 4-H last year **MUST enroll by January 1, 2016**. We encourage all returning volunteers to enroll as soon as possible as well.

To enroll, go to <https://co.4honline.com> You will need to click on "I have a Profile" and login with your family email address. If this email address is incorrect, please call our office as we will need to update this before you can proceed. If you have forgotten your password or never set one up, simply select the "I forgot my password" on the login screen to have a new password emailed to you. **DO NOT MAKE A NEW PROFILE!** If you have any questions, please call or email Angela. 970-382-6465 or fountainaj@co.laplata.co.us

Greg Felsen
4-H Youth Development

Angela Fountain
4-H Administrative Assistant

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Alerts!

Horse Council Meeting

Wednesday, Nov. 4th @ 6:00 pm in the Extension Building.

County Council Meeting

We do not have a November County Council meeting. Our next meeting is Thursday, December 3rd @ 7:07 pm in the Extension Building

Junior Livestock Auction Checks

If you have not picked up your livestock checks, please do so A.S.A.P. It is very important to get your "Thank You" letters to your buyers as soon as you can.

Club Leaders

*Club Leaders meeting on Thursday, Nov. 5 at 6:30 pm. We are serving Dinner, so be sure to RSVP to Angela by Nov. 2nd

Enrollment Fees for 2015-2016 4-H Year

Unfortunately, we do not have the ability to accept credit cards, so you will need to mail or bring in cash or a check to the Extension Office. The fees have not changed and are:
\$25.00 for the first child
\$20.00 for each additional child
\$10.00 for each Cloverbud (5 to 7 years old)
Angela will not "approve" your enrollment until she has received your entire registration fee. This means that you must be enrolled and paid by January 1st, 2016.

2015 – 2016 La Plata County Council Officers

President -	Kayla Stevens
Vice President -	Stephenie Riegel
Secretary -	Taylor Jenkins
Treasurer -	Kori Jenkins
Reporter -	Halle Moore
Parliamentarian -	Katherine McCourt
State Senator-	Isabella McGaw

Our County Council is very excited to serve you as representatives for this coming year. They want to encourage clubs to choose representatives to attend County Council meetings. We have changed the Council Meetings to every other month in the winter and every month in the spring & summer. Our schedule for the 2015-2016 4-H year is:

December 3rd at 7:07 p.m. – Extension Building

February 4th at 7:07 p.m. – Extension Building

April 7th at 7:07 p.m. – Extension Building

May 5th at 7:07 p.m. – Extension Building

June 2nd at 7:07 p.m. – Extension Building

August 4th at 7:07 p.m. – Extension Building *Special BBQ preparation meeting with Pizza!

October 6th at 7:07 p.m. – Extension Building

Changes to Projects

Colorado 4-H has changed The Clothing Construction & Foods & Nutrition projects. State 4-H is currently updating the curriculum and it should be available at www.colorado4h.org by the end of November.

They have also added a Cat Project! Again, they are updating the curriculum and it should be available by the end of November.

Record Books

Greg and Teddi are working on updating the record books for this next year. They are planning to have a meeting mid-November to discuss the changes. If you are interested in attending, please let Greg or Angela know and we will be sure to include you in the emails.

Updated Record Books should be available in December. Angela will send out a mass email to let you know when they are ready.

In the meantime please be keeping track of your activities, expenses and income for your project. You can also start on your S.M.A.R.T. Goals!

S.M.A.R.T Goals

For project Record Books, we would like you to establish S.M.A.R.T goals. Here is a template you can follow to help you:

S.M.A.R.T Goal Setting Template

Brainstorm: Brainstorm possible project ideas and identify which idea you would like to develop into a goal.

Start writing your goal in parts: Specific: A specific goal has a much greater chance of being accomplished than a general goal. To set a specific goal you must answer the six "W" questions:

Who: Who is involved?

What: What do I want to accomplish?

Where: Identify a location.

When: Establish a time frame.

Which: Identify requirements and constraints.

Why: Specific reasons, purpose or benefits of accomplishing the goal.

EXAMPLE: A general goal would be, "Pick up park." But a specific goal would say, "My 4-H club will pick up the Roam Free Park twice a week over the summer months"

Be Specific: Write your goal

Measurable: Set criteria for measuring progress toward the attainment of each goal you set. To be considered measurable your goal must answer the "H" questions:

How much?

How many?

How will I know when it is accomplished?

EXAMPLE: "My 4-H club will pick up all trash from the Roam Free Park, until the park is clean twice a week over the summer months.

Make it Measurable:

Attainable: When you identify goals that are most important to you, you begin to figure out ways you can make them come true.

Consider:

Attitudes, abilities, skills, and financial capacity to reach them.

Look for opportunities to bring yourself closer to the achievement of your goals.

EXAMPLE: "My 4-H club will pick up all trash from the Roam Free Park, until the park is clean, twice a week over the summer months utilizing a partnership with the city that supplies our club with gloves, bags and other needed resources.

Make it Attainable:

Realistic: To be realistic, a goal must embody an idea toward which you are both willing and able to work. Be sure that your goal represents substantial progress.

Consider:

Do we have the workforce needed to carry it out?

Have we identified all needed partners?

Do we have the time and commitment needed from our club members?

EXAMPLE:

We have 12 club members that would be willing to carry out this goal.

We will contact our city office.

Our Club Members can dedicate Tuesday Evenings and Saturday mornings for this project.

Be Realistic: (Answer above questions in accordance with your goal.)

Time Bound: A goal should be carried out within a specific time frame. With no time frame tied to it there's no sense of urgency for its completion.

EXAMPLE: "My 4-H club will pick up all trash from the Roam Free Park, until the park is clean, on Tuesday Evenings and Saturday Mornings during the months of June, July, and August utilizing a partnership with the city that supplies our club with gloves, bags and other needed resources."

Make it Time Bound:

Congratulations! You have a S.M.A.R.T Goal!

La Plata County 4-H Shooting Sports Completion Requirements

(This does not include the your club requirements)

Tim Karp is the Shooting Sports Superintendent. You can call him after 5:00 p.m. at 970-946-0938 with any questions.

****Practice will not start until the spring****

- You must work with a certified 4-H Shooting Sports Instructor (who is certified in the discipline in which you are shooting) for a minimum of 3, one hour training sessions. You must work with the same instructor for all 3 of your training sessions. (Shooting Sport Competitions do not count as training sessions).
- You must do and turn in a completed record book, and display board and do an project interview at the La Plata County Fair.
- All Intermediate (11 to 13 years old) and Senior (14-18 years old) 4-H Shooting Sport members must have a Hunter Safety Card.
- All Junior (8-10 years old) members are only required to have a Hunter Safety Card if they are planning on competing at the State Fair.
- Members may shoot in as many disciplines as they want, but only have to sign up for one discipline to have as their project and turn in at the La Plata County Fair.

Asset of the Month Project

"The Developmental Assets are 40 research-based, positive qualities that influence young people's development, helping them become caring, responsible, and productive adults. Based in youth development, resiliency, and prevention research, the Developmental Assets framework has proven to be effective and has become the most widely used approach to positive youth development in the United States and, increasingly, around the world."

[\(http://www.search-institute.org/\)](http://www.search-institute.org/)

The CYFMP and CHC utilize the Developmental Assets Survey as a periodic measure for how well our agencies and families are providing asset-rich supports, services and opportunities for La Plata County youth. Both organizations teach our community about the assets and how to utilize them in program development, parenting and in our daily lives.

Developmental Asset of the Month

Asset #21 Achievement Motivation – Young person is motivated to do well in school.

Local Data: 76% of La Plata County youth report positive school motivation as described in Asset #21. (Assets Survey 2015)

Essential Question: Does our family talk about the relationship between education and life goals?

Tips for increasing positive school motivation:

- Routinely observe and name the strengths you see in your children directly to them. The more able a child feels, the more likely she or he is to continue pursuing ambitious goals.
- Use spontaneous rewards such as “You finished your assignment—great! Let’s go to the park (or wherever your child likes to go) to celebrate.”
- Monitor your teen’s stress level. Some find high school academically competitive and can psyche themselves out. Others think high school is a waste of time and do minimal work. Talk about life goals with your teen to gain understanding about what motivates them in and out of school.

Source: [Search Institute](#) 40 Developmental Assets for Adolescents

FUTURE EVENTS TO THINK ABOUT!

National Western Stock Show in Denver is January 9th to 24th.

Leadership Development Conference (LDC)

Leadership Development Conference is an annual State 4-H function that is open to Senior Level 4-H members. It will be held once again in Denver, CO on **January 23rd – 25th**. This includes a trip to the State Capitol for a tour on the 26th (weather permitting) and hopefully will allow us to meet with our local State Senators. We have the ability to send 10 senior members using our County funded transportation for this event. The cost for each member will be \$75.00 to cover the cost of registration, hotel, 2 breakfasts, 1 lunch, and 2 dinners. Please be prepared to cover the other meals. Limited partial scholarships will be available for this opportunity.

Youth Fest

The 2016 Youth Fest will be held at the Ponderosa Retreat Center in Larkspur, CO in February but the official dates are to be determined. This is a camp for members 9 to 13 years old. It costs \$50.00 per person and is limited to the first 10 campers. Limited scholarships will be available for this opportunity. The cost will cover the registration, lodging and all of the meals. We will probably leave around 8 a.m. on a Friday and return in the afternoon the following Sunday. Come participate in fun workshops; dancing, games, building a bridge, and skits! Limited partial scholarships will be available for this opportunity. More information will be in the December & January HUBS.

Free Rex Rabbits

TC Rockwell is giving away his pedigree Rex Rabbits. He has 5 boys & 2 girls. They are 5 months old and in need of a new home.

If you are interested, please contact Kylie at 970-759-5464.

Important Dates in 2015-2016
****Dates are subject to change****

NOVEMBER

- 3 Durango Kennel Club Classes – 6:00 p.m. – Exhibit Hall
- 4 La Plata County 4-H Horse Council Meeting – 6:06 p.m. - Extension Building
- 4 Catch-It Meeting – Breeding Presentation – 7:00 pm Extension Building
- 5 Club Leaders Meeting – 6:30 pm – Extension Building
- 11 Extension Office Closed for Veterans Day
- 13-15 Colorado Leadership Camp
- 26-27 Extension Office Closed for Thanksgiving

DECEMBER

- 3 La Plata County 4-H Council Meeting & Christmas Card Signing Party - 7:07 p.m. Extension Building
- 24-25 Extension Office Closed for Christmas
- 31-Jan 1 Extension Office Closed for New Years

JANUARY

- 1 **Last day to Re-Enrollment of Last Year's 4-H Members – previous year members may sign up after this date, but a late fee of \$30 will be assessed.**
- 1 Extension Office Closed for New Years
- 9-24 National Western Stock Show – Denver
- 10 Catch-It Livestock Tour – Starting at 8:00 am
- 14 Leadership Development Conference registrations are due by 5:00 pm
- 18 Extension Office Closed for Martin Luther King, Jr. Day
- 23-25 Leadership Development Conference for Senior-aged 4-H'ers in Denver
- TBD Youth Fest registrations are due by 5:00 pm

FEBRUARY

- 2 Durango Kennel Club Classes – Please bring vet records for the first class - 6:00 p.m. – Exhibit Hall
- 3 La Plata County 4-H Horse Council Meeting – 6:06 p.m. - Extension Building
- 4 La Plata County 4-H Council Meeting - 7:07 p.m. Extension Building
- 9 Durango Kennel Club Classes – 6:00 p.m. – Exhibit
- 15 Extension Office Closed for President's Day
- 16 Durango Kennel Club Classes – 6:00 p.m. – Exhibit
- 23 Durango Kennel Club Classes – 6:00 p.m. – Exhibit
- TBD Youth Fest - Statewide event for Younger Members (9 to 13 years old)
- TBD Citizenship Washington Focus Applications due into the Extension Office by 5 p.m.

MARCH

- 1 Durango Kennel Club Classes – 6:00 p.m. – Exhibit Hall
- 2 La Plata County 4-H Horse Council Meeting – 6:06 p.m. - Extension Building
- 4-6 Rabbit Camp
- 8 Durango Kennel Club Classes – 6:00 p.m. – Exhibit
- 9 Catch-It Meeting – Birthing Class – 7:00 pm – Extension Building
- 12 **4-H/FFA Market Beef Weigh-in - 9 a.m. till 11 a.m. – Pavilion**

- 15 Durango Kennel Club Classes – 6:00 p.m. – Exhibit
- 17-20 Four States Ag. Expo Montezuma County Fairgrounds
- 29 Durango Kennel Club Classes – 6:00 p.m. – Exhibit
- 28-April 1 Bayfield, Durango & Ignacio Spring Break

APRIL

- 1 Deadline for all returning and new 4-H Members to register in 4-H and still participate in the La Plata County Fair**
- 6 La Plata County 4-H Horse Council Meeting – 6:06 p.m. - Extension Building
- 6 Catch-It Meeting – Record Book Help – 7:00 pm – Extension Building
- 7 La Plata County 4-H Council Meeting - 7:07 p.m. Extension Building
- 10 Catch-It Livestock Tour with Committee
- 12 Durango Kennel Club Classes – 6:00 p.m. – Exhibit
- 19 Durango Kennel Club Classes – 6:00 p.m. – Exhibit
- 18-22 Volunteer Appreciation Week
- TBD State Scholarships Due- See January HUBS for more information.
- TBD La Plata County 4-H Horse Gymkhana – 9:30 a.m. – Sky Ute Fair Grounds
- TBD New Family Orientation

May

- 1 Last day to ADD Projects.
- 1 Dog ID Forms MUST be uploaded to 4honline by 5 pm
- 4 La Plata County 4-H Horse Council Meeting – 6:06 p.m. - Extension Building
- 5 La Plata County 4-H Council Meeting - 7:07 p.m. Extension Building
- 11 4-H/FFA Livestock Tag-in for Market Sheep, Swine and Goats (Durango Option), Fairgrounds 3:30 p.m.-6:30 p.m. (If you are planning on attending State Fair, you MUST attend this tag-in)**
- 14 4-H/FFA Livestock Tag-in for Market Sheep and Swine (Ignacio/Bayfield and Marvel/Breen Options) 9:00 a.m. to 11:00 a.m.**
- 30 Extension Office closed for Memorial Day
- TBD Spring Fling Gymkhana & Horse Show – La Plata County Fairgrounds
- TBD Meat Quality Assurance Training – Extension Building

JUNE

- 1 All 4-H Horse Certificates are MUST be uploaded to 4honline by 5 pm
- 1 Horse Safety Tests to be turned in to the Extension Office by 5 p.m.
- 1 Last day for all 4-H members to **Drop** Projects
- 1 La Plata County 4-H Horse Council Meeting – 6:06 p.m. - Extension Building
- 2 La Plata County 4-H Council Meeting - 7:07 p.m. Extension Building
- 5 Catch-it Sponsor Pot Luck – 4 p.m. - Fairgrounds
- 6 Sign up for Fair Camper Space starting at 8 a.m.
- 20-24 State 4-H June Conference - CSU Campus
- TBD STEM Day – 9 a.m. to 3 p.m. – Fairgrounds
- TBD D2D Registration Due – 5 pm – Extension Building
- TBD San Juan Basin Bull’s-eye Classic Shoot – Durango or Bayfield Range
- TBD Cake Decorating, Leathercraft & Heritage Arts Project Day – 9 a.m. to 3 p.m. – Fairgrounds
- TBD Invitational Horse Show – 9 a.m. – Fairgrounds
- TBD Invitational Gymkhana – 9:30 a.m. - Fairgrounds
- TBD D2D Exchange
- TBD Jackpot Old Fort Hesperus

JULY

- 4 4-H Office Closed for Independence Day
- 6 La Plata County 4-H Horse Council Meeting – 6:06 p.m. - Extension Building
- 7 La Plata County 4-H Council Meeting - 7:07 p.m. Extension Building 15 AL CLUB TREASURERS BINDERS ARE DUE BY 5 P.M. to the Extension Office
- 13 Shooting Sports Fair Entry Forms due by 5 p.m. to the Extension Office
- 25-29 All 4-H/FFA Animal and Community Service Record Books, Fair Entry Forms and Fair Royalty Applications due into the Extension Office
- 29 Last Day that 4-H/FFA Livestock/Horse/Dog Record Books and Entry Forms and Community Service Books accepted in the Extension Office - before 5 p.m.
- TBD San Juan Basin District Horse Show – 9 a.m. – Fairgrounds
- TBD San Juan Basin District Gymkhana – 9:30 a.m. - Fairgrounds
- TBD Marketplace Workshop – 10 am to 2 pm - Fairgrounds
- TBD Shotgun ONLY Fair Shoot – 9 a.m. – Oxford Location
- TBD Livestock Project Day – 3 p.m. to 6 p.m. - Fairgrounds
- TBD State Fair Shoot (not Shotgun) – 9 a.m. – Outdoor Durango Gun Club
- TBD Marketplace Workshop – 10 a.m. to 1 p.m. - Fairgrounds

AUGUST

- 4 County Council Meeting & BBQ Preparation & Pizza Party – 6 p.m. – Extension Office
- 6 La Plata County Fair 4-H Horse Show – 9 a.m. – Fairgrounds
- 6 Open Class Rabbit Show – 9 a.m. - Fairgrounds
- 7 La Plata County Fair 4-H Gymkhana – 9:30 a.m. – Fairgrounds
- 8 4-H Demonstration Contest and 4-H Horse, Goat, Dog, Poultry and Rabbit Tests
4-H Cake Decorating and 4-H Creative Cooks Contests
4-H Record Book Interviews for Horses and Dogs in the AM
4-H Record Book Interviews for Beef, Sheep, Swine, Goat, Rabbit & Poultry in the PM
- 9 4-H General, Natural Resource and Consumer Science Entry and Interview Judging Day from 8 a.m. to 10 a.m.
Fashion Review Judging – 12 p.m. - Patio
4-H Public Fashion Review - 7 p.m. - Patio
- 10-14 Official dates for La Plata County Fair
- 10 4-H Livestock projects delivered and weighed in
- 13 4-H County Fair BBQ - Senior Center Lawn
- 13 Junior Livestock Sale
- 13 County Fair Family Dance, 9:30 p.m. – 1 a.m. - Patio
- 16 County Fair 4-H Champion General, Natural Resource, Home Ec. projects eligible for State Fair Competition - due in Extension Building by 8:00 am, for transporting to State Fair
- 26-Sept 5 Official Dates of Colorado State Fair, Pueblo, CO

ATTENTION TO ALL CLUB REPORTERS:

PLEASE remember that all club reports are due by the 27th of every month. Please send them to fountainaj@co.laplata.co.us

Here is an example of what we recommend your club report to include:

4-H club name

Date and time of meeting

Number of members and guest attending the meeting

Old business

New business

Committee reports

Member reports

Announcements

Program/Demonstration

Adjourned

Name and title of member making the report

 **Club Reports** 

La Plata County 4-H Council October Meeting

Elections were held at the October 1 County Council meeting. The 2015-16 La Plata County 4-H Council is: President – Kayla Stevens, Vice President – Stephenie Riegel, Secretary – Taylor Jenkins, Treasurer – Kori Jenkins, Reporter – Halle Moore, and Parliamentarian – Katherine McCourt. Please feel free to contact any of the county council members or Greg with any ideas questions, comments, or concerns. The next County Council meeting will be December 3rd at 7 pm at the Extension Building.

Animas Valley 4-H Report

The Animas Valley meeting started at 7:04 pm on October 12, 2015. Then we had door prizes and then we had our parliamentarian explain how our club should vote. She gave a very detailed example on how to vote properly. All of the members that were there that day voted and chose very wise choices. For the president we have Stan Ott, the VP is Cara Kelleher, the secretary is Cat Shirley, the treasurer is Lila Slaughter, the parliamentarian is Karly Udero, county council is Sam Udero, reporter is Sydney Flores, and the song leaders are Lucy Flores and Sasha Stewart. We had many reminders on our membership drive that was a great success and also a report on our achievement banquet. Sadly, we were told some sad news that 3 of our members would be leaving our group and we gave them all cards on how much we appreciated them. Then, we had a report on our harvest fest that sounded very fun. We also decided to have a Facebook page for our club for upcoming events and on the current events that we are dealing with at that time. The meeting then adjourned at 8:29 pm on October 15, 2015.

Sydney Flores

Florida Four Leaf 4-H Club October Meeting

The meeting was called to order at 6:15 pm by Ethan McInnes, the pledges were led by Ethan Cassis, Jenna Baker did our roll call, and we had some guest and new members. Then Jenna Baker read the minutes from September's meeting and they were approved. Kali Fassett read the Treasurer's report, when we got done with that we went straight to Reports. Cooper Knox talked about the Hubs and he also talked about the County Council Meeting. I, Tommie Knox read a thank you card. Minnie Jack talked about the Awards Banquet. There were no other Reports. So, we moved to unfinished business. Kali Fassett went over the questionnaire, and the community services. Brock Fassett made a motion to have four community Services and add on to that as needed and Jenna Baker seconded that motion. There was no more unfinished business so we started on New Business. Kali Fassett went over Certificates, Enrollment, November meal, Demonstration sign-up, meal/dessert sign-up, The Kaleb Sponsorship, Cooper Knox made a motion to give Kaleb \$25.00 and Jenna Baker Seconded that motion, Kali Fassett also talked about Fundraisers. Cooper Knox made a Motion to sell Poinsettias each member has to sell 10 to 15 Poinsettias and Jenna Baker Seconded that motion. We had Officer Elections, Our new President is Cooper Knox, new Vice-President in Ethan McInnes, we have the same Secretary Jenna Baker, We have Co-Treasurers Brock Fassett and Tommie Knox, Our new Reporter is Josephine, and our new Parliamentarian is Wynn McInnes. There was no other new business so the meeting adjourned at 8:22 pm.
Reporter- Tommie Knox

Pioneer 4-H Club October Meeting

Our October meeting was great! It all started with playing a game (pictured to the left). We had an election of officers, talked about the annual banquet (9/26/15) as well as the Harvest Festival that happened on 10/10/15. We decided to carve pumpkins on 10/29/15 at Melinda Woods' house starting at 6:00 pm, bring your own pumpkin and carving tools. Oh yeah don't forget to bring a pizza to the carving ceremony. Then after the pumpkin carving we are going to donate some of the pumpkins to others in our community who might need a Jack-o-lantern for Halloween. One of the other things that we decided was to have a Club Logo contest this month, everyone is supposed to bring their best ideas for a club logo to the next meeting. Have you thanked a Fair board member yet? What about Angela and Greg in the extension officer? Congratulations to President: Wyatt Walts, Vice President: Dakota Woods, Secretary: Ashlynn Woods, Treasure: Annabel Carithers, Counsel Reps: Colt and Ashlynn Woods.

Things to Think About:

Don't forget to bring your Logo idea to the next meeting!!

What should our community service for November be?

Do we want to do anything fun in November?

Time to start thinking about a good fundraiser for our club, any ideas?

There is a coat drive at Escalante Middle school contact Wyatt if you have coats to donate.

Have you read the Hubs this month? If you didn't get it please let us know and we'll send a copy to you!

Save The Date:

October 16th Enrollment opens for current members and closes January 1st 2016!

October 24th is the FLM School Halloween Carnival 5:30 pm

October 29th Pumpkin Carving 6:00 pm bring pizza and pumpkins!!

October 31st Halloween & Free breakfast at the Grange that morning Everyone is invited.

November 7th Dance at Breen to help support the Breen Building fund

November 9th 4-H Meeting at 7:30 pm.